

Briefing

- An estimated 1 in 200 are trans
- Research suggests risks of deferring transition-related treatment are higher than risks of treatment
- Diagnosing Gender Dysphoria, making surgical referrals, and prescribing HRT (*antiandrogens, estrogens, progestins, testosterone*) are within the scope of primary health care

Clinical Resources

- Rainbow Health Ontario. (2020). *Guidelines and Protocols for Hormone Therapy and Primary Health Care for Trans Clients*
- Trans Care BC (2021). *Primary Care Toolkit*
- World Professional Association for Transgender Health. (2019). *Standards of Care*
- TOP Clinical Practice Guidelines. (2016-2020). *Transgender Health*
- AHS. (2019). *SOGIE Toolkit*
- Netcare - eReferral Program:
 - Family Medicine>Transgender Care

First Steps

- Use billing code 08.19G
- Document timeline and need for medical and/or surgical transition
- Obtain baseline levels, including sex hormones as per guidelines
- Discuss expectations of HRT
 - Informed Consent Model

Primary Care Resource Guide

(Version 3 - 2021)

For Providers and Gender-Diverse Clients

Resources available here:

<http://bit.ly/ab1care>

or:



Additional Support Provided By

